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How do Community Managed Organisations in NSW Assist People Living with Mental Illness to address their Physical Health Needs?

CONSUMERS PARTICIPANT INFORMATION STATEMENT

(1) What is the study about?

You are invited to participate in a study to help us learn more about current physical health programs being run by mental health Community Managed Organisations in NSW. We would like to understand more about what you enjoy and find helpful about the program you are attending and also if you have any ideas about what might make the program better

(2) Who is carrying out the study?

The study is being conducted by Dr Nicola Hancock from the University of Sydney in partnership with the Mental Health Coordinating Council (MHCC). MHCC is the Peak Body that represents mental health Community Managed Organisations across NSW.

(3) What does the study involve?

If you agree to be involved in this study we will ask you to:

- Complete an interview with one of our research team to help us understand what you do with the program. We also would like to know what you think is good about the program and what you think might improve it.

Your interview will be audio-recorded to ensure we capture all of the information you provide. Once the recording has been typed up, the recording will be deleted.

(4) Where will the interviews take place and how long will they take?

If you choose to join the study you will be asked to complete an interview that will take about 30-45 minutes.

Interviews will be arranged at a time and place that are convenient for you. They may be conducted by telephone if this is the more convenient method for you.

(5) Are there any risks to participating?

There are no risks associated with participating in this study.

(6) Can I withdraw from the study?

Participating in this study is completely voluntary. You are not under any obligation to consent. If you do agree to be involved, you can still withdraw at any time without it affecting your relationship with The University of Sydney, MHCC or the staff from your physical health program. You may stop the interview at any time if you do not wish to continue.

(7) Will anyone else know the results?

Only the researchers will have access to the information you give us at the interview. Reports of this study will be submitted for publication and provided to your mental health service, but these will report group data only and individual consumers and programs will not be identifiable.

(8) Will the study benefit me?

The study may benefit you indirectly as a result of final recommendations made for improving physical health programs run by CMOs in NSW. However, we cannot guarantee that you will get any benefits from being involved in the study.

(9) Can I tell other people about the study?

Yes

(10) What if I require further information about the study or my involvement in it?

If you would like to know more at any stage, please feel free to contact the researcher Nicola Hancock at The University of Sydney via phone ((02) 93519379) or email nicola.hancock@sydney.edu.au.

(11) What if I have a complaint or any concerns?

Any person with concerns or complaints about the conduct of a research study can contact the Deputy Manager, Human Ethics Administration, University of Sydney on +61 2 8627 8176 (phone); +61 2 8627 8177 (fax) or ro.humanethics@sydney.edu.au (email).

This information sheet is for you to keep