



'Fundamentals of Research'

A CMHDARN Research Forum

Feedback Report

April 2014





Community Mental Health Drug Alcohol Research Network

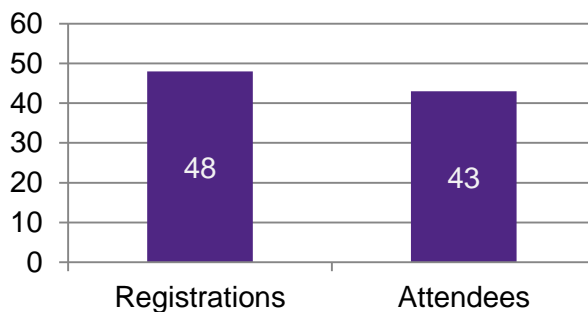
Mental Health Coordinating Council
Building 125, Corner of Church & Glover Streets
Lilyfield NSW 2040

PO Box 668
Rozelle NSW 2039

For any further information please contact:

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Project Officer, Research Network
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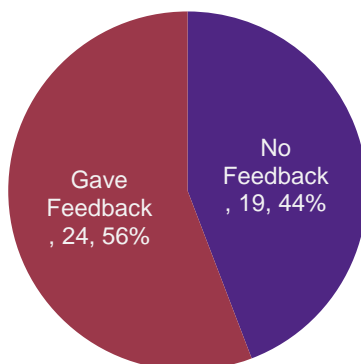
Attendance



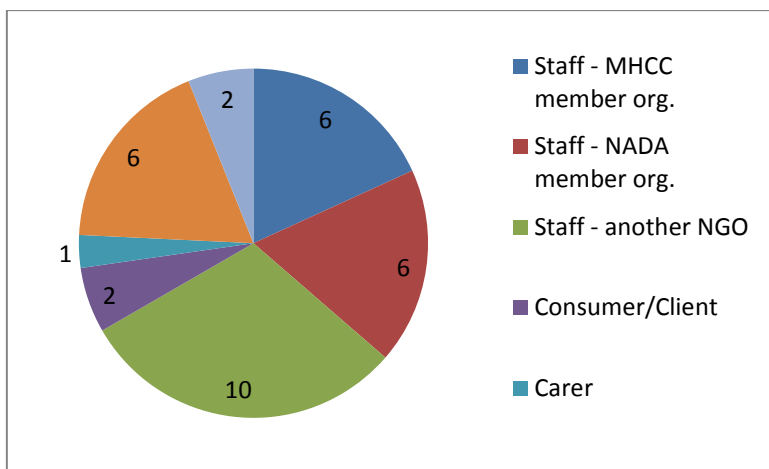
Participants

Among the attendees, 24 feedback forms were received back. The information reflected in this report will be based from the responses provided in the feedback forms received. Note that not all respondents may have completed all questions.

Participants with Feedback

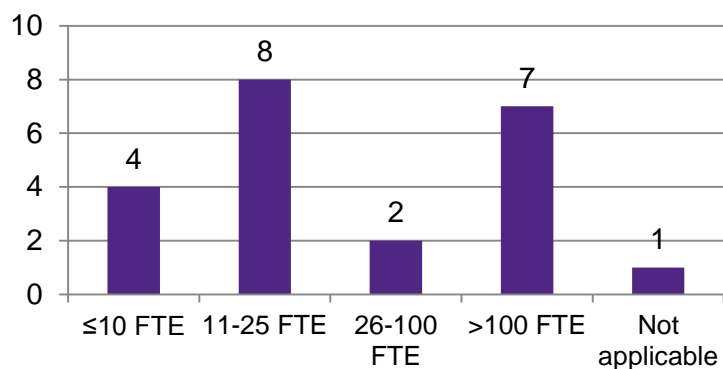


General Profile

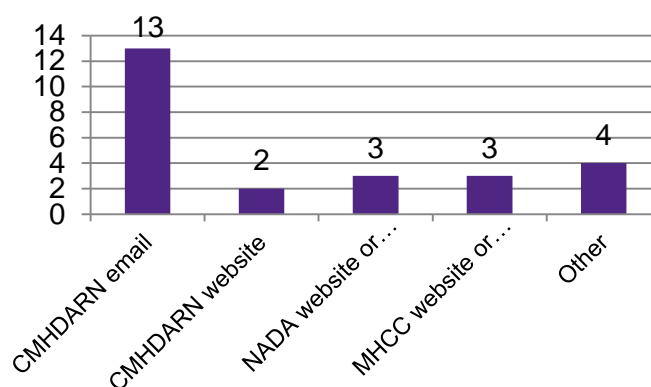


Other: Student Social Worker, CO.AS.IT Italian Association of Assistance, NSW Government, Sydney Uni. social work student on placement at DAMEC

Organisation Size



How Participant Knew about the Forum



Other:

- Colleague email. Colleague Medicare local co-ordinator

Evaluation

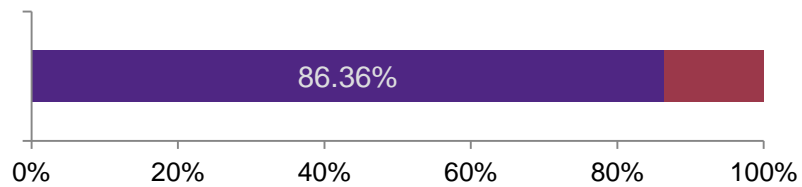
Evaluation for the workshop was conducted through surveying the attendees. Evaluation forms were distributed which were collected after the event.

Results

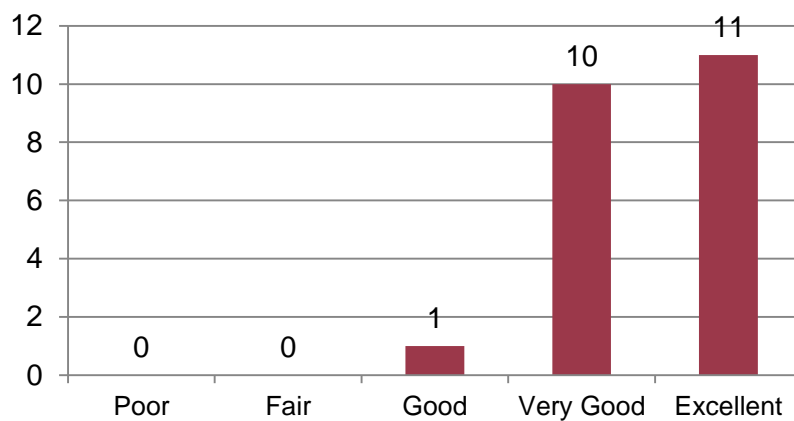
The graphs that follow display the average percentage rating received for the event. For example, "0%" would indicate that all participants rated the event as 'Poor' or 'Strongly Disagree' with the related statement, and "100%" would indicate that all participants rated the event as 'Excellent' or 'Strongly Agree' with the related statement. The number of responses received per rating is further shown in graphs.

Overall Rating

Overall Score of Event

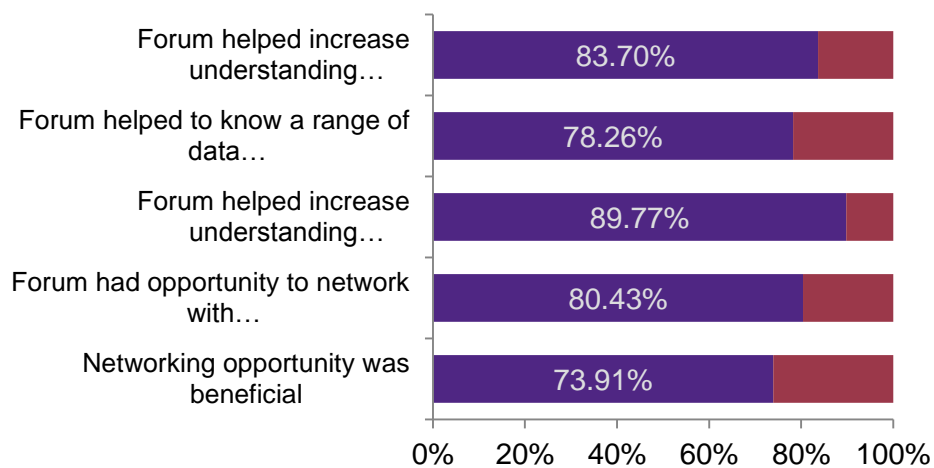


Breakdown of Overall Scores

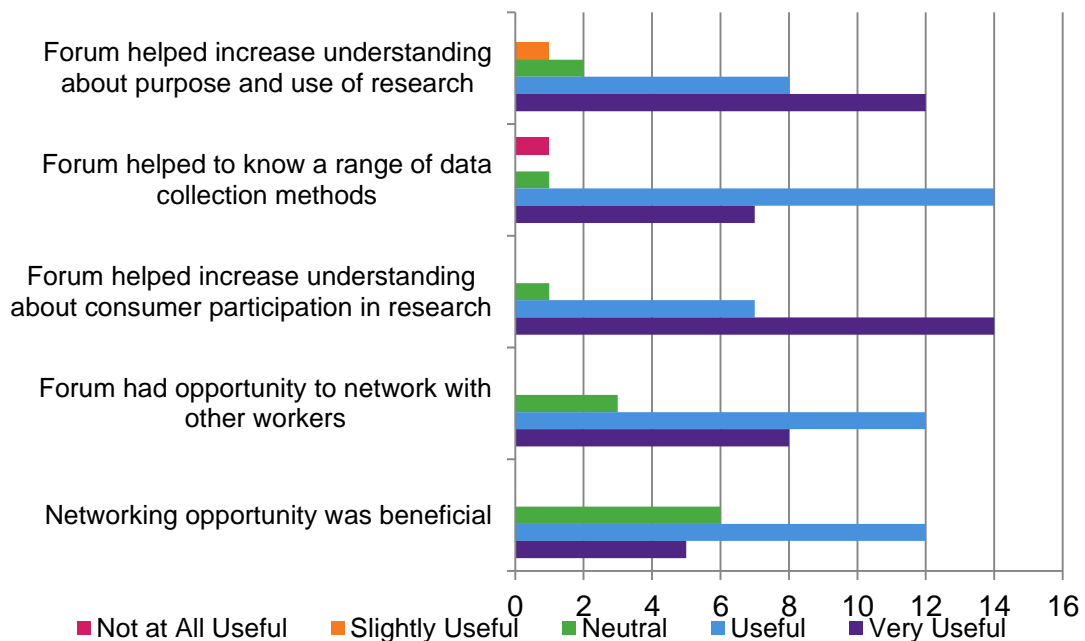


Forum Ratings

Participant Ratings



Breakdown of Ratings

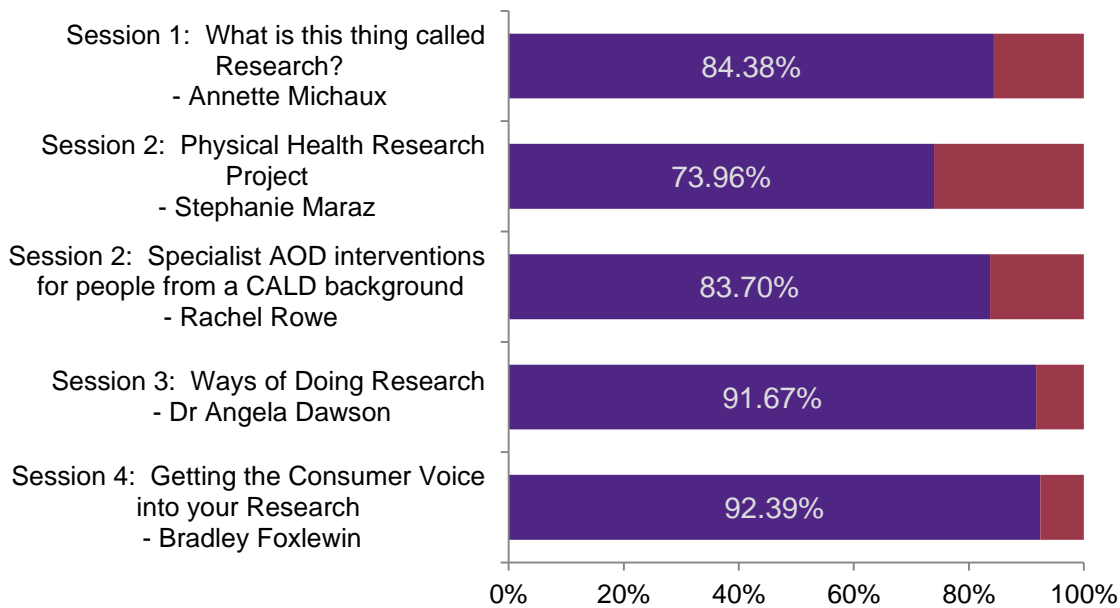


General Feedback and Comments

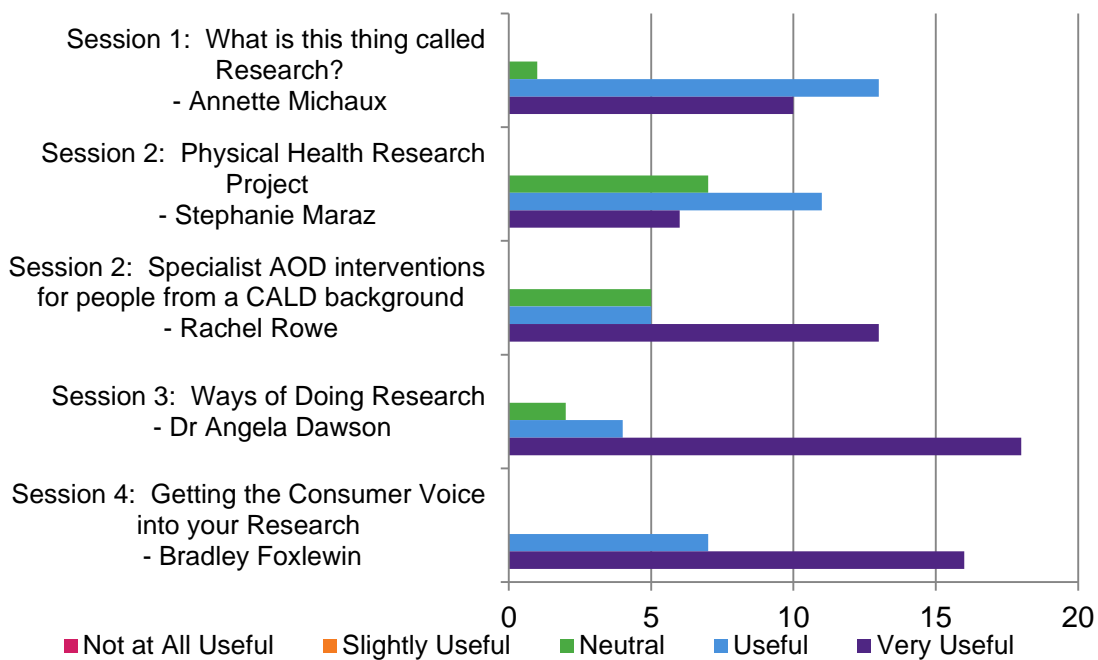
- Well-paced program - didn't get bogged down & topics were excellent for a non-research qualified person; A very well-balanced forum. I got a lot out of the day. Thanks! The content was well paced & structured.
- Opportunity to network and networking beneficial: "Time limited"; - Thank you. I found it very helpful and inspiring.
- Well done - thank you
- Didn't really get to the "how to" of methods. Quant and qual distinction was a bit shallow, could have explained what the methods are in more detail. So many types of quant studies!!
- RE: Session 4: Rated 7; - How to get research evidence into policy?
- RE: Session 3: "Very practical excellent method of presenting; - The focus of CMHDARN & the presentations seems to only focus on 'consumer' or service provider - I suggest including 'carers' eg family/friend/community (ASTSI, CALD, Gender..... Homeless eg more wholistic thank you;
- Suggest ask BRIN GRENYER - W'gong Uni. To present on their Research Methods & team & outcomes for consumers, carers & clinicians & service providers for Project Air www.projectairstrategy.org grenyer@uow.edu.au
- I found this evaluation form very difficult to use/follow!

Topic Ratings

Usefulness Scores per Topic Segment



Breakdown of Topic Scores



Feedback Comments

What was the session you gained the most from, and why?

- All x 3 Consolidate knowledge and experience
- Session 1 x 1
Annette Michaux - the implementation of research findings directly relates to some projects at work.
- Session 2 x 2
Very informative and practical
- Session 3 x 3
“practical workshop helpful in drawing methodologies etc together very practical breakdown & application”
- Session 4: x 5
“The lived experience is often the best teacher. Bradley's presentation was wonderful, the passion & honesty that he shares is priceless”. “Innovative, great to gain an understanding of this emerging workforce & discipline & how we in the sector can support it.” “Importance of consumers' voices and how it can influence future research and heighten the benefits of evidence-based research.”

How might you change your work practices, following this Research Forum?

- Implementation
 - Focus more on implementation & feedback to the organisation on evaluations undertaken + follow-up on changes to practices.
 - I will be finding out more about the challenges of implementation.
 - Will need to reflect on this but certainly helpful in the current evaluation project that I'm involved with.
 - To think things through better
- Research specific
 - Emphasise importance of matching EQ with design and stakeholders
 - Look at the question(s) I am asking
 - confidence in initiating & developing research projects within my workplace
 - Define Q before you pick data collection method
 - Identify area of need. I am interested in researching the staff's ability to respond to change & now know how to do it.
 - Be more mindful in the question & also become better at information Share.
 - Encourage more vigorous practice in the workplace.
 - I'm glad to get the opportunity to get resources and may look into support for my ideas
 - Consider balancing quantitative with qualitative more strategically in our evaluation process
- Carer voice in research.
- Consumer
 - Giving greater attention to the consumers
 - More thought about including consumers in research
 - Keep trying to improve processes/group the complexity of consumer participation
 - Highlight power discrepancies in 'client participation' approaches that are lip service

Were you able to meet new people, and in what ways was this beneficial to you?

- Yes x 11
- Why Beneficial?
 - To get a better understanding of the sector;
 - Great to build connections in research;
 - Good for networking;
 - Allowed me to know the variety of services and what areas they work in.
 - Met one new person, main focus for me was on fundamentals of research, rather than meeting people;
 - Any networking is good, & this provided a forum to meet & exchange;
 - Enriching my field of knowledge and understanding of what is going in the field; It was good to hear what others are doing
- How?
 - The interactive workshop facilitated our interactions most of all;
 - Very interactive around the exercises given;
 - Morning tea & at the table networking;
 - Again it was time limited but it was beneficial with my table but not the room!!

Are there any research areas you would like to see covered in future CMHDARN activities?

- General
 - Maybe just more in depth for here; Keep finding good presenters.
 - Sometimes it seems a bit MH heavy, and I'd find it useful if presenters also addressed AOD context/consumer participants/policy etc.
 - Funding issues! What's the sector plan?
- Specific:
 - Research methods, limitations, gaps CALD;
 - Reduction of seclusion + restraint and the concept of "informed consent with ECT.
 - Consumer Issues: All consumer researchers & their interests. Consumer participation input; Consumer focused - having consumers working collaboratively in the sessions;
 - Getting the 'Cover' Voice into Research - eg what are the questions they want investigated
 - Importance of 'Carer'/eg family/friends/community voice
 - Impact on Mental Health, AOD on families, children
 - Gender Diversity Research

Appendices

Appendix A: Flyer

RESEARCH FORUM: *Fundamentals of Research*

TUESDAY April 15th 2014
9.00am-12.45pm

Aerial UTS Function Centre
Level 7, Building 10
235 Jones St, Broadway

community mental health drug and alcohol
RESEARCH NETWORK

CMHDARN



Forum Aims:

1. Participants increase their understanding about the purpose and use of research.
2. Participants can identify a range of data collection methods.
3. Participants increase their understanding about consumer participation in research.
4. Drug and alcohol and mental health sector workers have an opportunity to network.

Getting there:

Aerial UTS Function Centre is located a short distance from Central Railway Station and George St buses. On and offstreet parking is available in the area. (Wilson Parking on Thomas St)

Registration:

Registration is essential.
Please forward your completed registration form to info@mhcc.org.au or fax to 02 9810 8145

THIS IS A
FREE EVENT!



For more information on the project contact:
Deb Tipper - Project Officer Research Network
E deb@mhcc.org.au P 9555 8388 ext 135
W www.cmhdaresearchnetwork.com.au



The Community Mental Health Drug and Alcohol Research Network is a collaborative project between Network of Alcohol and other Drugs Agencies (NADA) and Mental Health Coordinating Council (MHCC)

Appendix B: Program/Handout

RESEARCH FORUM: *Fundamentals of Research*

8.45am	REGISTRATION
9.00-9.20am	Welcome and Introduction Deb Tipper - Facilitator, Project Officer CMHDARN
9.20-10.00am	Session 1 What is this thing called research??? <i>What makes research different to evaluation?</i> <i>Why do we need evidence?</i> <i>What are the key issues to consider?</i> Annette Micheaux - Director of Social Policy and Strategy at the Parenting Research Centre
10.00-10.40am	Session 2 Research into practice - examples of research in organisations <i>What was the research question?</i> <i>Why was this research important?</i> <i>How did you do it? What did you find out?</i> Physical Health Research Project: Stephanie Maraz - Partnership Projects: Development & Coordination, MHCC Specialist Alcohol and other Drugs Interventions for people from CALD backgrounds: Rachel Rowe - Senior Research Officer, Drug and Alcohol Multicultural Education Centre
10.40-11.00am	MORNING TEA
11.00-12.00pm	Session 3 Ways of doing research - Interactive workshop <i>What are the different approaches to data gathering?</i> <i>Qualitative and Quantitative methods - how do I choose?</i> Dr Angela Dawson - Lecturer in Public Health at the University of Technology
12.00-12.30pm	Session 4 Getting the consumer voice into your research <i>Why is the consumer voice important?</i> <i>When do you involve the consumer?</i> <i>How can you involve the consumer?</i> Bradley Foxlewin - Deputy Commissioner, Mental Health Commission of NSW
12.30-12.45pm	Concluding Remarks and Evaluation



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CMHDARN website

www.cmhdaresearchnetwork.com.au

Reflective Practice Webinar:

Analysing Journal Articles- Key Questions to Ask

CMHDARN Website - go to

- Research Network Activities
- Reflective Practice Webinar

Research Primers

CMHDARN Website - go to

- Research Resources
- Publications and Resources

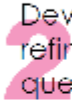
Thinking 'Research' –
key concepts



August 2007

a primer for capacity building in research
by non-government mental health and
drug and alcohol agencies

Developing and
refining your research
question



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a primer for capacity building in research
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Leading and
Managing your
Research Project



AUGUST 2007

a primer for research capacity building for
mental health and alcohol and other drug
non-government organisations

