

‘Sharing our learning’
CMHDARN Research Seeding Grants Recipients’ Forum
5 March 2013 – Feedback results

N =18

1. How would you rate the Forum overall? N=18

	N	%
Poor	0	0
Not so good	1	5.6
Neutral	0	0
Good	10	62.5
Excellent	7	38.9

2. To what extent do you feel the following outcomes were met:	Partially achieved	Neutral	Achieved	Strongly achieved
1. To have an opportunity to exchange knowledge gained through your research projects.	0	1 (5.6%)	10 (55.6%)	7 (38.9%)
2. To increase your knowledge and understanding of research processes.	1(5.6%)	3 (16.7%)	11 (61.1%)	3 (16.7%)
3. Provide a networking opportunity for recipients of CMHDARN Research Seeding Grants	0	0	10 (55.6%)	8 (41.4%)
Total	1	4	31	18

3. What general comments about the forum would you like to make?

- Helpful, stimulated thinking
- Very interesting and thought provoking
- Very useful to come together and share ideas- thank you! Also quite validating to learn of some of the challenges that are common amongst participants
- Connection between people and organisations, opportunity to share experiences and difficulties without judgement
- A nice ‘adult’ learning experience
- Good- very useful, some practical discussion and ideas
- Networking was a strength- clarification of seeding grants process was important
- Great networking opportunity
- List of projects & key contact information to enable collaboration
- Very useful hearing other people’s problems and how they dealt with it, as then we can avoid the same issues
- Great learning opportunity- as all CMHDARN events have been
- Very good opportunity to meet all other organisations in the AOD sector doing community based research
- It was nice meeting others
- Relaxed and welcoming

4. How useful did you find the following sessions? n=18	Neutral	Useful	Very Useful
1. Pre morning tea- feedback and 'sharing our learning'	1 (5.6%)	15 (83.8%)	7 (38.9%)
2. Consumer engagement and participation	3 (16.7%)	8 (40.4%)	11 (61.1%)
3. Interactive discussion and exercise	0	10 (62.5%)	7 (43.8%)
Total	4	33	25

5. What was the session you gained the most from, and why?

- Ideas on including consumers but where to find them and how long to skill up
- Interactive discussions- learning from others
- Sharing our learning- useful in getting ideas from others on how to address barriers
- Knowledge- expected outcomes
- Consumer engagement and participation- good discussion of ethical concerns
- Interactive discussion was a great exercise to gain an understanding of divers perspectives
- Emphasis on person centred work always makes me think- consumer engagement
- All really
- Consumer engagement and participation
- Really good sessions- good debate; advice/ answers to questions really reliable
- Networking throughout the forum, not any one session
- Interactive discussion as gave opportunity to raise variety of issues, not necessarily on agenda, and smaller issues
- Consumer engagement and participation
- The final session most directly responded to our questions
- How others managed their (seeding grant) funding and associated challenges
- Hearing about the other's seeding grants opportunities

6. Were you able to meet new people, and in what ways was this beneficial to you?

- Yes, the morning introductions and mixing up on groups during the forum was very helpful
- Identifying similar orgs and people; sharing experiences
- Yes- some people facing similar problems. Good to learn what they did.
- Yes- good to explore possible collaboration
- Yes- made some good contacts
- Yes- to discuss their problems
- Yes- broader experience and ideas for project
- Yes- got an idea of the research issues in AOD and amongst IDUs
- Yes, many organisations which the Mental Health Association NSW or continue to work with are present today.
- Yes, a broader understanding of the sector
- Yes- very isolating doing work on own. Great to be able to meet others and share experiences.
- Yes- to explore knowledge of the research process and to share the difficulties of the project and brainstorm ideas.
- Yes- as a student I was exposed to a variety of research projects
- Yes- other ways of looking at issues.
- Yes SMART is looking for a CEO and I was given contacts
- Yes, great discussions and learning about how other organisations have managed certain issues

7. Is there one concrete outcome for you or your organisation from you having attended this forum?

N= 13

No = 1 (*no comment*)

Yes = 12

- Yes, to further investigate the role of consumer participation within the research. Got some ideas from the others researchers on how stakeholders could possibly be involved.
- Knowledge- more aware of what is needed where I am heading
- Getting a greater understanding of the methodologies to use, content analysis
- Links with other researchers
- Yes, helps clarify next step for project
- A more definite timetable and a clearer process
- Increased skills, knowledge and confidence I the project
- Yes, contact ethics committee directly if necessary. Pay people before interview
- Ideas for how to expand research to other areas within the organisation
- Networking plus sharing similar issues
- A clearer understanding of CMHDARN's expectations regarding consumer participation
- I feel we are heading in the right direction

8. What suggestions do you have for future CMHDARN forums and events (e.g. topics, improvements)?

- Perhaps more opportunities to link with researchers from academic institutions with an interest in partnering with CBOs
- Maybe focus on one main issue ad unpack it a bit more
- It was good as was
- Repeat the empowerment of consumers forum with Meg + others
- Start later- e.g. 9.30 or 9.45, so we don't have to battle the middle of peak hour traffic
- More frequent things like this
- I liked the clarifying the objectives of organisations and universities from the outset- the guidelines Tina suggested sounded like a good idea