



## RESEARCH SHOWCASE

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### Abstract

Bibliography of practice-based research within and across the mental health and alcohol and other drug sectors by members & Stakeholders of the Network of Alcohol and Other Drugs Agencies (NADA) and the Mental Health Coordinating Council (MHCC) from the last 5 years.



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## About CMHDARN

The Community Mental Health Drug and Alcohol Research Network (CMHDARN) is a partnership project between Mental Health Coordinating Council (MHCC), the Network of Alcohol and other Drugs Agencies (NADA) and the Mental Health Commission of NSW.

CMHDARN was established in 2010 to broaden involvement of the community mental health and alcohol and other drugs sector in practice-based research and to promote the value of research and the use of research evidence in practice.

Its overall aim is to:

- improve the quality of service delivery and correspondingly, the outcomes for consumers of community-managed services, and
- promote increased understanding and awareness of co-existing mental health and alcohol and other drugs issues.

CMHDARN aims to facilitate the development of a culture of research by providing opportunities and context for the exchange of ideas, the sharing of resources, support and collaboration among community organisations and between community organisations and research bodies, including universities and research institutes. Communities of practice help foster continuous learning, shape critical thinking and enable innovative practices and approaches.

In order to build the research capacity of the mental health and alcohol and other drugs sectors, the Research Network shares information and engages with members via its website, workshops, forums, reflective practice webinars/webcasts and other activities.

## About MHCC

The Mental Health Coordinating Council (MHCC) is the peak body for community managed mental health organisations in New South Wales.

Find out more about the Mental Health Coordinating Council at [www.mhcc.org.au](http://www.mhcc.org.au)

## About NADA

The Network of Alcohol and Drug Agencies (NADA) is the peak organisation for the non-government alcohol & other drugs sector in NSW.

Find out more about the Network of Alcohol and other Drugs Agencies at [www.nada.org.au](http://www.nada.org.au)

## Introduction: Why Showcase Research?

Research in its broadest sense is a contribution to knowledge. The purpose of this bibliography is to showcase the significant contributions to knowledge being made within and across our sectors by members of the Network of Alcohol and Other Drugs Agencies (NADA) and the Mental Health Coordinating Council (MHCC).

In community settings, and perhaps particularly where co-existing mental health and alcohol and other drug issues are core business, research is often regarded as a luxury that time poor, resource constrained organisations can ill afford. We need to draw into question the logic of this reticence. The sustainability and longevity of the community sector depend on innovation, knowledge creation and sharing.

Research in mental health and alcohol and other drugs has the potential to improve services, practices, and people's lives. What little we know about the nexus between mental health and alcohol and other drugs is in need of our attention. What we learn from research should be translated into better practices that are shared across projects, programs and between the mental health and alcohol and other drugs sectors, so that communities of practice emerge and the potential of all new knowledge is maximised.

Building research capacity involves showcasing research engagement and successes. This document aims to share research developed by, and with, the mental health and alcohol and other drugs NGO sectors.

*Research Showcase* provides a bibliography of largely peer-reviewed research published by MHCC and NADA member organisations and CMHDARN members covering a range of areas of practice. The bibliography is organised into the following thematic areas, although there is often considerable overlap between these areas:

- Co-existing needs
- Alcohol and other drugs
- Mental health
- Aboriginal and Torres Strait Islander
- Housing & Homelessness
- Domestic and Family Violence
- LGBTIQ+
- Rural and remote communities
- Young people

## Submissions

To have your research included in this resource, please contact:

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If you wish to submit a publication for inclusion, please provide information using the following style:

### **Book entry**

Ward, R., *The Australian Legend*, Oxford University Press, Melbourne, 1966.  
[Link to source](#) (you must provide a link for your research to be included).

### **Journal entry**

Kozulin, A., 'Literature as a Psychological Tool', *Educational Psychologist*, vol. 28, no. 3, 1993, pp. 253-265.  
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